

SEX GAMES *for Couples*

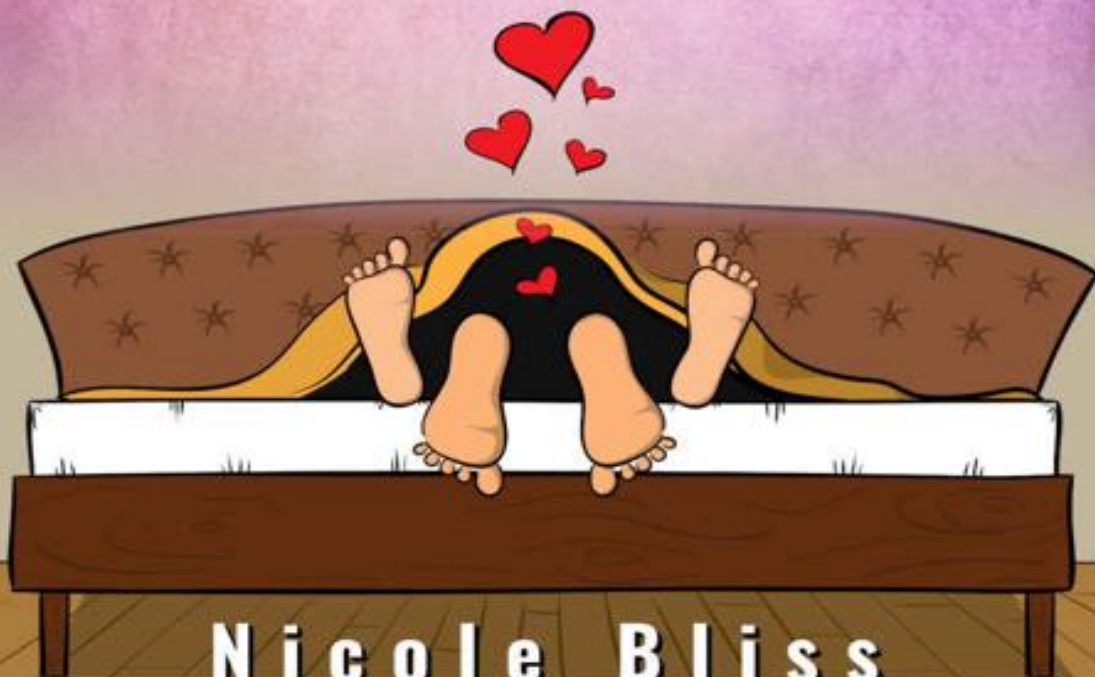
The Essential Guide to Sex and Naughty Games,
Role Playing and Toys; Spice Up your Love Making and
Do not Become Slave of Routines



Nicole Bliss

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By

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Introduction

It's time to discard all shyness and finally through logs into your fireplace of passion! These games for lovers will add new sensations, and your evening with your partner will instantly cease to be boring. Ready? Then the game has begun!

For some reason, many of us underestimate the role of sex games in relationships. Either from shyness or from inner constriction, we often settle for everything happening quickly and savorless than to try to light a fire between ourselves and our partner. Sexual interaction during "adult" games, when two adhere to certain rules and conditions, makes sex brighter, and the excitement even stronger.

When a couple is together for a long time, it's completely normal that their sexual life takes in its own specific way, which the two follow each time in their intimate moments. Lovers know how, what and how much is needed for everything to happen quickly and effectively. But, you know, you don't always need to be effective... It's time to try something new, so that sex life is more interesting, and orgasms stronger. The sex and erotic games explained in this book are what you need to color and spice up your evenings and to let your hidden fantasies unroll.

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Chapter 1: Role-Playing Sex Games



Sexual love is certainly an important component of our lives, especially in certain times of the year and certain stages of life. Hormones go crazy, the attraction gets stronger and sex - and more generally sexuality - sometimes seems to be the only thing that can give us some relief. But, in addition to being beneficial, sex and sexuality are also fun and can be experienced through games. To prove it, if needed, we can have a look at the many erotic games that humanity has invented over the centuries.

Game activities on one hand serve to make the love experience more "spicy" and on the other, allow easing the tensions, that especially on the first occasions, naturally arise when you show yourself to the other.

There are games of various types. Sometimes they are simply mischievous jokes, which serve to create the right mood. Other times they are instead of “transgressive” nature such as role-playing games, with the two protagonists pretending to be someone else. Whatever you choose will certainly bring a lot of novelty in a consolidated relationship.

Fantasy and reality

Everything that two adult lovers do by consent is normal. But how do you know if a partner will be offended by such a proposal or if he/she will like it? How far can you go? And what is the whole point of role-playing and erotic games?

Games are generally intended to give pleasure, and sex games to make sex more fun. Some people happily buy half of the assortment of a sex shop, while others consider it like debauchery. Intimate life is a two-way process and here you need to take into account the desires of both partners.

So is it worth it to tell your partner about your fantasies and desire to play?

Most likely yes. It is necessary to distinguish fantasy from role-playing, fantasy is personal, and role-playing games are for two. The idea to have a sexy boss available right on her desk is an erotic fantasy that enables a man or a woman to brighten up his/her workdays. But in real life, everyone understands that this is an unlikely situation. It is important to clearly draw the line between fantasy and reality, so games are a great way to blow off steam without breaking the law.

At least two people participate in the game, the main thing is that both are tuned in to play. Otherwise, it will be like in that joke when the wife in an erotic leather suit, stockings and a mask, met her husband who is overwhelmed with work, and he said with longing, “Hey Batman, the only thing I want is to eat.”

It is better to agree with the partner for the game in advance, otherwise, if you tell the girl that there is a surprise for her and don't specify which one, she may be disappointed, as she expected, say, a ring.

Why do we need role-playing sex games

Long-term relationships and living together bring a lot of everyday habits into our lives, problems begin to extinguish passion, and over time sex has the risk of becoming that same “Thursday habit”. Often this happens, because daily affairs and life difficulties occupy much more of our thoughts than romantic evenings together, as happens in the first months of a candy-bouquet relationship period. The real difficulties in sexual life begin when even such a seemingly effective and enjoyable method as sex no longer distracts from personal or general problems.

Unspoken discontent, unresolved problems or accumulated aggression - all this must not be in your family life, because they are followed by quarrels, resentment, a cold and insipid bed. Sexual games are a way to get rid of daily stress, get pleasure, support the sensuality and sexuality, and at the same time not offend each other, but rather ignite. Role-playing games in bed make it possible for you to transform into characters and act as you would never dare in everyday life. This transformation enables to overcome shyness and remove filter from words and actions, because you both understand that is only a game.

Role-playing in bed can solve some family problems. How does it work? Roles for the game can be very different than reality and the plot is very important. For example, in each couple, one partner always dominates. In the role-playing game, you have the opportunity to switch places: if the husband takes decisions in everyday life, then become a strict teacher and punish him for his bad behavior.

What sometime happens within relationships is that we may release anger and discontent accumulated over the day on our partner, although our loved one is not to blame for issues and failures at work or other areas of our life. A way to twist those problems can be to transfer them to a game. For example if a man comes home after a heated debate with his boss, let him be the boss that night and let him write you a few reprimands.

Preparing for a role-playing game: script, rules and inventory

First of all, think about the difficulties and innuendos in your life with your partner. If you have never played erotic games before, this approach will help you pick up the first roles and relieve tension in the area of relations where it has accumulated. Incorrect roles or scripts can ruin everything. Imagine a man is constantly depressed due to the fact that his girlfriend is often angry at him with or without reasons; he is offered to play mistress as her page-boy, basically a similar situation as in reality. Even if the man agrees, this game is unlikely to bring him pleasure.

Try to carefully lead your partner to what worries him, in order to identify painful points, you can also catch some meaning from some random phrases. Try at the beginning to not talk about them openly, because you risk turning everything into a small home scandal, rather than a fun game. Next, select the roles that would enable you or your partner to "recoup". It will not be superfluous to learn about his fantasies. In order to avoid that the game does not come to a standstill situation or go in the wrong direction (for example, you should have been mistress, and then the man took the initiative again), write a simple, uncomplicated scenario. It is not necessary to think through all the dialogues to the smallest detail, but the general direction should be determined.

Sexy outfits play an important role in erotic games

Another option to decide on the roles is to delve into yourself: think about what you would like to try, what erotic fantasies visit you, what kind of dress or atmosphere you like the most.

Dressing up is a lot of fun. And understanding what kind of clothes can arouse your sexual desire can make this activity even more fun and enjoyable. Even the most ordinary objects can be filled with a sexual vibration. Everything is simple here - either rummage through your own closet in search of suitable clothes (for example, you will definitely find something for the role of a teacher or boss) or look into a sex shop (not every house has a nurse's robe or a pilot's uniform). When you have figured out the costumes, think about what equipment may be needed so as not to run around the apartment in the middle of the game in search of a pointer, stethoscope or a "pipidaster", everything should be at hand.

Mandatory role-playing rules

- The game begins a few hours before the action. Send a thematic message to your partner (for example, “Doctor, I have a headache, can I make an appointment with you tonight?”) - at this moment you are already playing, so exclude the everyday messages “Buy bread”. Similarly, you can throw a secret note to your partner, but you need to make sure that he will find it. It will be a shame if you put it in your trouser pocket, and he put on jeans.
- Do not start if you are not sure that you will reach the end. The worst thing is to tease each other with messages during the day and change your mind at the last moment. Such turns will not benefit your relationship.
- Do not change clothes and do not get ready in front of each other. You should meet for the first time already in full uniform and outfits, otherwise, the “magic” will not work.
- Play to the end. None of the partners in the middle of the game can take off the suit and get out of the role. Firstly, sex runs the risk of passing as usual, and not playing the psychological role for which everything was started. Secondly, you can offend the efforts of a partner, which will only aggravate problems in the relationship.
- Improvise. If you initially did not have a ready-made script, or it was not implemented, and the game slows down, do not freak out. The phrases “I don’t know what's next,” “Think of it yourself,” “Maybe you can play along with me?” – they are a taboo! It’s better to think in advance where the plot might go, and what to do in such cases. In any case, even if you found the problem of interpersonal communications during the game, do not concentrate on it, turn instead your attention to any aspects that pleasantly excite you in

this situation, move the focus to the exciting details, to immerse yourself in the game deeper and not lose your sexual mood. You can reflect and gently discuss all points for improvement afterward, in a more suitable atmosphere.

- Do not try to be a great actor. To read the monologues from Hamlet in front of the partner is completely unnecessary. Focus on the main goal of the game - quality sex. If you are playing not as George Clooney, believe me, the partner is unlikely to notice this and certainly will not criticize you.
- Do not go over the role of others. If the partner dominates in the scenario, do not drag the blanket over yourself. Similarly, if you dominate, - do not let the partner go over you, you will have to be tougher, but do not go too far - for inexperienced players, the line is rather thin. It's best to clarify the rules in advance.
- Do not undress ahead of time. If you threw off clothes from each other at the very beginning, the game already failed, because the very interesting stage of flirting was lost.
- It may sound corny, but some erotic games, especially with the use of BDSM (bondage, discipline, dominance and submission) toys, require to have "stop" words. The word should be simple, but atypical for the script. If you play, for example, in a clinic, then you should not choose a "dropper" with a stop word, it's better to choose something out of the ordinary, for example, a "bullfighter" - it's unlikely that you were going to discuss the bullfight in the script.
- It is preferable that you will be home alone at this time; the phones should be shut down.
- You should be as tactful as possible, sometimes even an innocent joke can bring down the whole mood, and then the partner in the

future will completely refuse such entertainments.

- Don't think about anything extraneous, if at the core of the game a kitty instead of “murmur” suddenly says that tomorrow she needs to call her mother, then this will greatly disturb the mood.

Role-playing games scenarios

There are many possibilities when considering classic of role-playing games and characters that arouse imagination only at their very mention. We will consider the original plots for bed performances, as well as throw some original ideas.

1. Prostitute

The girl, suitably dressed, rings the doorbell of the client. (Better to put on a coat on top). Ideally, if you can put "prostitute" under the lantern on a deserted street, and the "client" will slowly drive up, and through the window, she will specify how much it costs. The girl should tell the price, open the coat and show the "goods". The game is very exciting. Make sure that no one outsider will intervene. Attention - sometimes one side plays too well, then the second begins to torment doubts - maybe it happened in her / him in real life?

Remember, this is not about sex for money. This is his opportunity to get any sex, and her ability to afford herself to do something incredibly dirty. At the same time, you can really pay: this money can her bonus for vulgar makeup and depraved stockings!

2. Sex education school

Games in the style of student and teacher provide excellent opportunities to have fun. Mom comes to the school to persuade the teacher not to screw up her son's grades certificate, and for this, she's ready for anything. The headteacher calls the bully's father to school, but instead of discussion, it turns out sex right in the classroom. It can be a strict teacher and a pupil, a professor and a student trying to earn credit, a high school student wants to

seduce a young teacher. You can be the most strict teacher who wants much more than just the right answer. You can check student's homework, demand her to thank for the grades, she can blush, cry and involuntarily give up.

- You may need: table, chair, bright table lamp. The teacher needs formal clothes, lace underwear, stockings and hairpins, red lipstick. For the teacher - jeans, a shirt, a tie and a jacket. For the student - any kind of school uniform.

3. Hospital

The girl may be a slutty nurse doing mouth-to-mouth resuscitation, or a strict doctor. If a nurse eagerly gives a blowjob, then the doctor herself dominates, conducting a “survey”. You can call a doctor at home, two in private with a straightened bed ... or a pretty gynecologist seduces a patient, also an interesting scenario.

- You may need: a white medical coat, white sheets, massage oil, some medical instruments, a thermometer, a phonendoscope.

4. Librarian

If you have bookshelves at home, then the reader can come to the library and talk about literature, as well as make the librarian reach for the right book ... There is no linen under her skirt!

- You may need: a strict hairstyle, glasses, a blouse and a skirt, stockings, books.

5. Housemaid

Nice little maid is putting things in order, gracefully clattering heels, she is playful, but naive and innocent. When the aristocratic owner of the

apartment asks to bring him a glass of wine then begins to dirty pester, then she resists, but it is impossible to reject the owner...

- You may need: a bottle of wine and apron with frills. Candles, music, sexy lingerie and heels, a new soft dust brush

6. Treason

You send an imaginary wife to visit your mother, or you come to your mistress in the absence of her alleged husband. It is better to offer such a game very carefully, otherwise, a partner might think that you are really cheating. One of the variants of the game is this: a couple pretends to be strangers, meets somewhere in a bar and continues in a more secluded place.

- You may need: rent an apartment for a while to change the atmosphere.

7. Photographer and model

As a rule, a man takes pictures, and a lady poses, but it is quite possible to exchange roles. The photographer offers champagne to remove the shyness of the model and says which pose to take. And then cool photos will come out.

- You may need: a mobile phone or a camera, any beautiful scenery, fur, jewelry, kit of outfits.

8. Movie

In addition to just shooting your sex, you can come up with an entertaining storyline. Let's say the actress came to the casting and is ready for anything, just to get the main role in the porn film. Or a porn actor came to a casting for a female director.

- You may need: a camera and a desire to be someone else.

9. Artist

Even if you don't know how to draw at all, you can have a great time painting the nude partner, it's very fun and erotic.

- You may need: washable paints and easy access to the bathroom.

10. Repairer

Son, what do you want to become when you grow up? Plumber, electrician, pool cleaner. Hey, mother, our son has found our hidden video cassette ... A joke of the pre-Internet era.

The trite story, the housewife is completely alone at home, and here the repairman comes. The hostess is ready to thank him not only financially because he is very pretty. Sex on the kitchen table or washing machine can bring a sea of new emotions. However, a woman can dominate the game if the repairer is young and does not know what and how to do it.

- You may need: overalls and a set of tools, a playful robe on a naked body.

11. Neighbors

A man comes home from work and discovers that there is no sugar in the house. He goes to the neighbor, and she just from the bath. She politely invites him to come in, but her robe accidentally opens up ...

12. Unknown

One of the secret desires of adult girls is sex with a stunning stranger. Such a game needs preparation. The apartment should be unfamiliar and the girl should come there herself. The blindfold must be worn at the entrance and

must not be removed. A man should be silent and try to behave differently than always. In the finale, the man can disappear without saying goodbye.

13. Office

You can imagine that your beloved is a secretary. Let her give a blow job to her boss while he is talking on the phone or working on a computer. Or a business lady interviews a new employee and directly during the interview forces him to do cunnilingus.

- You may need: table, chair, computer and phone, office clothes, nice underwear and stockings.

14. Costumes

You can also make or purchase a variety of other outfits - an oriental beauty, an angel, a devil or a stewardess. Or you can try to seduce a nun who holds steady, but she gives herself up anyway in the end.

15. Crime and Punishment

Many people like men and women in the uniform of law enforcement. A policeman and a thief, a traffic police officer and a driver, a prosecutor and a detainee, a prisoner and a warden. Here you can detain, search, handcuff, the partner will be completely in the hands of the authorities.

- You may need: credibility and necessary props (uniforms, whips, handcuffs, etc.)
- Aboard

Of course, no one will just let you in on a plane, but you can organize sex with a pilot or a stewardess in uniform. Any man at least once in his life dreamed of conquering a flight attendant, not in vain because the girls of

this profession are considered the sexiest. The classic scenario offers first-class passenger service, but we recommend prolonging the show thanks to a “plane crash” or “terrorist takeover” - no matter what role a man (captain or passenger) plays in this spectacle, give him a chance to save you. The same kind of scenario can be devised for the captain of the ship and sailor.

Non-trivial role-playing games

Role-playing games can develop in absolutely any scenario. The prototypes can be the heroes of your favorite films, series or books. You can also choose historical characters or any other image that was born in your head - the main thing is to think over the storyline. We offer some unusual characters for your fantasies.

1. Fitness club

A fitness club is, in principle, a place where it is difficult to restrain oneself so as not to glance at men carrying iron or young ladies in naughty poses. Have an individual workout at home. Keep in mind that the exercises will have to be performed in reality, otherwise, all the points will be lost. The "client" must agree with the "trainer" about the time and place for training. The performer of the role of a trainer should come up with an outline of a training program for extremely sexual and rather complex exercises, but so that the partner has enough strength for the main part of the exercises.

2. Sultan and Concubine

The performer of the role of the sultan must imitate polygamy, and his "concubine", in order to become the queen of this night and the main wife, must in every way seduce him. Here you will need the ability to dance belly dance. You can take oriental dance lessons in advance to surprise him and at the same time hit your partner in the very heart.

3. Detective

The game of the detective and the suspect is similar to the scenario with the policeman, but for more sophisticated players. The crime must be serious, and the detective's task is to prove the truth not by brute force, but by

logical conclusions. The suspect, in turn, must, while maintaining a dialogue, by all means distract the detective. For example, you can take the famous interrogation scene from the movie “Basic Instinct”.

4. Superheroes

Every man deep down wants to save his beloved from the villains. Give him this chance, usually, superhero costumes can be found both in the sex shop and the flea market. You can start with chat correspondence with the “villain” who captured your lady in captivity (here the “captive” will have to play two roles). In order to free her, you will have to carry out a sexual task, and then take your beloved in the arms, so that she can thank her savior. Another scenario involves the classic confrontation of superheroes, for example, Batman and Catwoman, or Wolverine and Fantomex from X-Men.

Tricks and tips

If you are a regular of love games, have tried all possible scenarios, and there is still not enough variety, we suggest trying some tricks that will fit into any scenario:

- **Quest.** Do not go straight to dressing up, start the game a few hours in advance with a small quest, sending each other messages and photos or throwing notes to the partner by which he can find you. Ideal for a superhero scenario.
- **Virginity.** One of the partners should pretend to be inexperienced and virgin and behave awkwardly and even lubberly, and the task of the other is to talk and seduce him. The perfect complement to the school scenario.
- **Sex for money.** It has its own peculiarity for men and some girls. Give your beloved this opportunity to "buy" a night with you. The theme will fit into the game with a scenario of attendants or prostitute.
- **Massage.** Massage as foreplay is suitable for almost any scenario. It is important to understand that this should not be a regular 5-minute massage in front of the TV. Prepare the atmosphere: a beautiful bed, candles, aromatic oil, blindfold and of course music.
- **Striptease.** A striptease can exist on its own, for example, if your partner "orders" a personal dance. Or use it as an addition to the game, for example, as a nurse. So that your striptease looks really sexy and you are sure of what you are doing, we suggest attending at least a few lessons on strip plastic.
- **BDSM toys.** Any game that requires obedience, over time will necessarily require toys for sex. To complement the image of a strict

teacher, boss, policeman, purchase in sex-shop suitable equipment. Recall that such games require to have "stop" words, as well as excessive accuracy so as not to injure a partner. This is especially true, for example, whips for playing with which you need special skills, otherwise your game runs the risk of ending ahead of time.

- Food. The famous "trick" for love affairs. Spread each other with whipped cream, chocolate paste or honey, then lick it from the "warmed" bodies. Sweets are a great idea for playing a harem or artist.

And now what? End of the game and attention after the scene

Well, you have completed the scene of Tarzan and Jane, and both lie sweaty and happy. On an ordinary night, this is enough. But if you have just played the sexual scenario you invented, you will need a little more time. Sometimes role-playing is just a prelude, and sex is its culmination, which can even be separated from the main scene. In other cases, sex can become the central episode of the scene, the basis of the whole story that you and your lover or lovers compose for each other. In any case, think about what you will need after the game is completed.

The game can lead you to unfamiliar, beautiful and exciting distances. But then what? You need to be able to find a way back. When planning a role-play scenario, it's worth considering how you usually feel after sex. If one of you, as a rule, is ready to fall down and fall asleep, and the other can't calm down, turning into a real spider-man, and is ready to fly up to the ceiling, you may run into problems!

Stay open and attentive to the partner, in this case, the field of play is a great way to safely return from heaven to earth and focus on the most important element of the role-playing game - people who agreed to participate in it. Of course, the ability to play a role is cool. But the most important thing in a role-playing game is the players themselves. Understanding that you had a great time with your partner in the game helps you to strengthen ties with him, and this can help restore his mood in the event that the events provided by the script put the partner at risk. Perhaps you have an unpleasant feeling that you are just a hostage to someone's

imagination, so at the stage of completion of the game it is preferable to restore the allegedly lost connections, make sure and get reliable evidence that you are perceived as a person.

Think about what you may need after the game, prepare and always keep it nearby. Having stepped on a bridge connecting imagination with reality, you should always ask the participants of the game how much they liked your idea. For some, the answer may be born right away, while others need time to crystallize their opinions in the form of sufficiently clear formulations. Listen and discuss the course of the game - this can be an excellent foundation when planning your next journeys into the world of your secret fantasies.

But no matter what fantasy excites your imagination, incredibly complex or surprisingly simple, in the end, it is about satisfying your desires, exploring those corners of your own soul that you could not get access to on other days or in any other way. From gentle and moderate to wild and unbridled, your fantasies are as individual as your fingerprints.

Since ancient times, people have explored their sexuality by putting on different masks and playing the roles of various characters or creatures - this is an occupation older than humanity itself, and ultramodern, like the latest technology. And whether it will be a hastily cobbled together scene in the alley or a scenario which will take a few weeks to plan and requires a bunch of equipment, a bright flash of imagination will allow you to finally look into the darkest depths of yourself. Cast aside anxious forebodings, step over your nervousness and allow yourself to be yourself - liberated, majestic, free and satisfied.

Chapter 2: Classic Erotic Games



If the idea of role-playing games does not inspire you, you can resort to simple erotic games for two. Playing in bed with a partner is a great way to spend time and release accumulated stress.

Naked blind

Do not worry, this is just a game using improvised things, the name of which the partner may not even guess. You won't believe how many simple household items can be adapted for erotic games - from a dust brush (clean, of course) to a kitchen spatula! Make sure yourself. Sit down or put your beloved on the bed with your back on top, and take such a position so that he does not see either you or what is in your hands. It is better to blindfold him to create a hotter and more interesting atmosphere (so the guy will be able to express his wishes more frankly to you).

Take anything that catches your eye (lipstick, a cool tube of cream, a comb, ice cubes from the refrigerator), and begin to caress your man, asking "yes or no?" If the partner likes it, continue in the same vein, if not - time to change the means at hand. Do it slowly, gently, slightly teasing both him and yourself.

You will be surprised how many ways can be invented to give pleasure to a partner using the pieces that we use in everyday life. A banal massage comb or a silicone kitchen spatula is ideal for light flip flops on the buttocks, and ice cubes can be completely crazy if you touch the nipples. Unleash your imagination, and then swap places. Are we in for fair play?

Sex-timer

It's time to remember what foreplay is! If you and your partner usually do not focus on the foreplay and prefer to go directly to the main part, then both of you will be pleasantly surprised by the effect if you change priorities. This will help the game with a timer. You can set the time on the phone or buy a special timer in a sex shop, which can later be used for various speed love games.

The task of that particular game is that you both have to caress each other, without going beyond the "below the belt". You should enjoy every touch, every kiss, every stroking and whispering in your ear, keeping your hands on the most interesting places and not moving on to penetration until the alarm rings. This game will evoke memories of how great it is to just kiss, teasing and maximally inflame each other's desire.

Erotic forfeits

A game following the example of classic forfeits for completing tasks, but in our case, it will be erotic desires. It is better to buy a ready-made set of forfeits, where everything is thought out for you, but you can try to make them yourself, agreed with a partner

What tasks to add: To be fair, the number of cards should be equal, and it is advisable to take the paper of different colors (the classic version is pink and blue) so that during the game you understand where women's desires are and where men's desires are.

Formulate your erotic “want” together. For example, you write “do me a buttock massage” or “I am your captive” (this means that he will be able to do whatever he wants with you). And he writes “I want you to be a bad girl” (here the role of “do whatever you want” goes to you) or briefly “69” (where everything is clear without clarification). It is important not to peek so that all desires come out unexpectedly for you and him.

Put forfeits into some basket and mix them. Then pull out one piece of paper and take turns doing everything that is written there. This game is cool in that you and your partner can share your innermost fantasies without saying a word.

Card game

You will need a deck of cards and a stopwatch. Give each one a few cards. Each suit means a kind of caress: Hearts - kisses, diamonds - massage, clubs - penetration, and spades - oral caress. Card value means duration in seconds; jacks, queens and kings - in minutes. Depending on the set that you got, you will have an individual and unpredictable caress program.

Tickling for strip

Tickle each other in turn. Everyone who started laughing or started to dodge takes off one thing until someone stays completely naked. However, you are likely to switch to sex before the end of the game.

How it works: paradoxically, but tickling causes strong arousal, similar to sexual. And your undressing in the process of sexual games for couples makes your arousal quite clearly bright.

Mirror

One partner repeats the actions of the other with maximum similarity. The game is simple but incredibly exciting

Mind reading

How to play: undress and sit opposite to each other, look into each other's eyes, trying to read thoughts and guess what your partner would like you to do with him. After a few minutes, share your observations with your partner, and let him say whether you guessed right or not.

Maybe you will be pleasantly surprised by the wishes of your partner and look at him from a new side. In any case, such a sexual conversation is exclusively erotic and exciting. After it, you can make each other's wishes the reality.

Chapter 3: Fantastic Erotic Games



Strip poker

The most fantastic of the erotic games that can be played in the bedroom is strip poker. Often, in fact, one goes in search of very complicated entertainment to stimulate desire, when perhaps the most effective one has been known for decades and can be practiced at any time.

For those few who did not know it, strip poker is a very simple variation of poker in which garments are used instead of chips. So, when you "open" your hand or relaunch your bets, you will have to say you are willing to put your shirt, your bra or your underwear on the plate. And to give them the item in case you lose.

Therefore, a few materials are enough to play with it. Obviously you need poker cards and knowledge of the rules of the game, but above all an identical number of clothes. If the woman of the couple wears more clothes than the man, it is probable, he must put on something else to balance the bill.

In addition, the game is especially fun if you manage to create the right atmosphere. We suggest a suitable and intimate environment, such as that of the bedroom. The lights must be soft enough, so that you can see the fruit of your winnings but without making everything too loud.

Finally, when you lose a hand and are forced to take something off you, it would be good to improvise a small strip tease. Of course, it will be tastier to see the strip of her socks than his socks, but taking it with a certain irony, even the latter eventuality can be fun.

Erotic dice

If you don't like card games, you can get rid of the playful aspect and go directly to penances. In specialized and online stores you will find, for example, dice that have been specially made to give you some interesting ideas. There are various types and they cost a few euros, but if you want you can also create them yourself. Just use, for example, traditional dice and a conversion table (1 corresponds to a penance, 2 to another and so on).

What can be found, however, in the various faces of these dice? For example, in one there can be actions and in the other the parts of the body. To be more concrete, in the first verbs such as "kiss", "suck", "pinch", "touch", "blow" or "lick" and in the second areas such as "chest", "lips", "ears", "neck", "sit", "navel" (or even worse, if you want).

Other dice, however, provide suggestions on sexual positions, like Kamasutra. They are often dice with 8, 10 or 12 faces with real explanatory drawings on the various sides. Rolling the dice, therefore, can force you to try things that have never been experienced before.

Monogamy

This is the first real erotic box game ever made. It is called Monogamy, it is produced by the British Creative Conceptions and is easily found in online stores. The game offers a game board with a circular path to be used by your pawn, and as you end up on the various squares you run into different cards. These cards - 100 for him and 100 for her - each present 3 questions, with 3 different game levels. In addition there are also 50 fantasy cards.

The questions in particular allow us to investigate the couple's alchemy, and prove to be spot on both for the partners who have been together for a long time, and for the novices. In part, these are questions that investigate the other's mind, in part they suggest moving to action instead.

Erotic twister

Monogamy is a game that must be purchased, and that must somehow wait for you to get home. If, however, it comes to your mind at the last moment, when it is already evening, to try an erotic game, you can orient yourself on a different solution. Use a classic box game, changing the rules.

This can be done with all games, perhaps with specific penances. Let's say that in Monopoly you don't have the money to pay when you pass over Victory Park: maybe your partner can give you a discount in exchange for some caresses.

However, there is also a game that already in its basic version is very suitable for an erotic evening: Twister. Remember it? It is that game in which a carpet with colored circles is placed on the ground, and then, by turning a small arrow on a dial, you understand where you need to put your hand or foot.

Obviously, when we play in many we end up meeting in improbable and improper poses. But in two poses they can also become subtly erotic. If the normal Twister is not enough for you, you can change the rules. Maybe placing a colored circle also on some sensitive areas of the body ("right hand on green buttock").

Tickling

In some areas of the world, in fact, this ancient practice has come back into fashion with the aim of preparing the couple for sexual intercourse. Tickling, in fact, allows you to create the right intimacy between partners and to touch in parts of the body that are not immediately sexual, but nonetheless erogenous.

You don't even have to use your fingers, but you can use other tools. For example, a feather passed on the neck (maybe behind) or on the back can have a particularly exciting effect. Some films then taught us the usefulness of using ice cubes, silk ribbons or even hair to caress our partner.

In this case, the important thing is to explore the other's body and find out which are the most receptive and sensitive points, in order to stimulate them adequately. Furthermore, the ideal would be to postpone the passage "to the facts" as much as possible, in order to enjoy this long but vibrant wait.

Lust

We told you about Monogamy, the perfect box game for couples. Well, that's not the only one you can use if you want to liven up an evening. Another available on the market is called Lust, and it is no coincidence that it is presented as a "Passion Play", a game of passion.

The game involves two players, who, through cards or specific moves, arrive at the end of a game by getting the suggestion of some sexual positions to explore. There are many combinations, more than 30,000, so that every time you can venture into an ever new experience.

Erotic heart

Erotic Heart is also based on more or less the same principles, another game for couples that is actually marketed under various different names depending on the importer. However, its name is due to the fact that it is presented, right from the box, in a heart-shaped container.

Inside there are several rolled up notes, which the partners can fish one at a time. In each one is indicated a penance, but a very sweet penance, since it has an erotic nature that will surely be appreciated by the companion or companion.

Soft bondage

There are also easier games to put into practice, for which there is no need to spend money or go to some shop. For example, bondage, practiced for a very long time even with very simple objects, such as ribbons or handkerchiefs (or even handcuffs and ropes, when you want to do things big).

Well, the game can be nice, especially if done in an undemanding way. In fact, soft bondage does not involve dangerous bonds, but only a few small games with laces and ribbons, preferably made of silk, in which to pretend and simulate even a little.

Smeared food

Have you seen 9 1/2 weeks? The scene in which Mickey Rourke passes an ice cube over Kim Basinger's body is famous in that film. It is a very erotic scene, which at the time many tried to replicate even in the closet of their bedroom.

You don't have to use ice, actually. Indeed, with other elements - and in particular with food - the experience can be even more intriguing. Think for example of whipped cream, or strawberries, which are also aphrodisiac. In short, even here the fantasy is the master.

Erotic apps

If your imagination doesn't really help to invent new sex games, you can resort to some erotic apps to install on your smartphone. For example, there is Planet Pron, a wide selection of videos and free images to whet your imagination, while for couples sex games you can choose between Ultimate Sex Games for Couples for iPhone and The Foreplay Game for Android. If you want to try tantric sex instead, there is a Tantric Sex Deck. The important thing is that the apps are helpful for experimenting. The phone must not become an annoying third party! Unless you decide to use it for sexting: if a couple is forced to stay away, they can still carve out a spicy moment. In fact, at a distance you can exchange sexy images, perhaps through an app that does not leave a mark like Snapchat, and messages with a high erotic content. The only precaution is to always be attentive to privacy, and to do sexting only with a person you trust, in order to avoid unpleasant inconveniences such as the diffusion of photos and screenshots of the chats.

Chapter 4: Sex games with drinks



Game of the bottle for two

If we talk about sex games & drinks, one cannot help but think of the variant for couples of the classic bottle game. All you need is an empty bottle and a full bottle of your favorite liqueur. Just turn the bottle around and act on the result: when you point to your partner, a "simple kiss" is enough, but if you point to the full bottle, you will need to exchange an "alcoholic kiss". In addition, if you want to add a little more flavor to the game, you can use whipped cream or spreadable chocolate, depending on your taste, and when the bottle points to them, there will be nothing left to do but indulge in appetizers, appetizing and alcoholic fantasies.

Hot head or cross

The sexy version of the classic coin toss. At each throw you have to bet with your partner if heads or tails will come out. Whoever wins does nothing, but whoever loses, will have to drink, and if he is wrong twice in a row he will have to take off a garment. The first part of the game ends when one of the two partners is naked, after which, space for imagination!

BodyShot

BodyShot is certainly among the erotic games with the hottest alcohol, in which the partner's body is the absolute protagonist. It will be enough to have 2 dice, a sheet and a pen, and of course shot glasses and the alcohol you prefer. The various parts of the body will be written on the sheet of paper and numbered, in order to establish at each throw of the dice how and where the shot should be taken.

Chapter 5: Creative Sex Games



Dress for sex

While your partner is getting dressed to go somewhere without you, ask him to wear something specific just for you, and promise to do the same thing. She could wear a particularly sexy bra under a very banal T-shirt to visit her parents, while he could put on his silk underpants to go to his parents. Most men would immediately accept this proposal for the simple fact that they will never, and never ever have, another opportunity to wear this kind of clothing, also makes a lot of leverage on the novelty factor. This game works, despite its simplicity, because during all the time you are separated you will stay focused on having a "spicy" secret to keep.

Tell a story

Make up an erotic story based on you and your lover - go into as much detail as possible - then write it down and put it in some unexpected place so that they can find it the next day. If you are not good at writing, record it and send it to him on the phone - preferably at a completely inappropriate time.

Become a shooting artist

It is definitely worth registering while having sex (if you are silent types, give it some moaning and swearing for the occasion). Feel it as you drive together somewhere where you absolutely have to keep a tone or share headphones on public transport.

Lighting

Turn off the lights and then take turns to light a part of your body with a torch. Each part must be touched, caressed or licked for two minutes, then the torch passes to the other person. A rule: You cannot illuminate the same part more than once.

Dress up

PVC nurse clothes, cat suits, Superman equipment, French maid skirts. Disguises like this are very cheap if you search online. Sure, they are tacky and itchy to wear, but anything that turns you into another character is good. It works especially for couples who now feel so close as to think they are having sex between siblings: the role play pushes you out of the comfort zone towards something more fun and genuine.

The sexual therapist

One of you goes to a private place to take the phone call from a 'patient' you are trying to help. The patient, or your lover, pretends to ask for advice on how to satisfy your partner. The therapist at this point begins to unravel a series of dirty details on how to satisfy him, naturally describing your very idea of paradise!

Without using your hands!

Tie your partner's hands together and ask him to seduce you. They will have no choice but to use their lips, teeth and tongue - or to use ingeniously other parts of their body that they would never have dreamed of associating with sexual intercourse. And if you want to make things really interesting, tie both hands behind your back.

The guinea pig game

Take all the erotic toys you own (order again if you only have a dusty vibrator) and arrange them neatly on a table in the bedroom. Call your lover while out shopping and tell him that you urgently need them as 'guinea pigs' for a project you're working on. When they get home, test each toy on them: they will have to rate it based on the level of pleasure received.

Chapter 6: Sex Toys



Toys for adults and their history

First of all, it should be noted that intimate games are not a negative consequence of the sexual revolution. If you delve into history, you can trace that such intimate things were used in different eras. So, imitations of the male penis alone were indescribable numbers.

In some countries of the ancient world, even religious attributes and folk art objects could be used for erotic games and pleasure. However, the presence of such objects of an intimate nature often raises a number of questions.

Indeed, it is not in vain that nature created man and woman as diverse creatures. A woman excites a man, and a man a woman. In bed, they can perfectly satisfy each other. So, why are all these foreign objects needed, what else is missing? It happens that a person does not have a partner for some reason, but the need for intimacy doesn't disappear. A long absence of sexual life and satisfaction does not lead a person to acquire harmony and happiness in his personal space. In addition, the instincts laid down by nature are extremely difficult to ignore.

For example, back in the last century, women were "treated" when in bad mood with the help of various objects resembling the structure of a male organ. It is worth noting that now many couples use various adult features, and this is normal. After all, the body of each person is unique - someone needs more time to get pleasure, but someone may have just a little and it seems enough. Therefore, the use of objects of a sexual nature to achieve orgasm is quite acceptable. Nevertheless, there is one more question that scares many: what sex toys are suitable for use? This begs the question,

against the background of the diversity that can be found in sex shops. You can find many items for every taste and budget.

Dildos

The penis, a highly functional male organ, is capable of exciting and stimulating, as well as affecting some points of the vagina. That is why dildos have the most anatomical similarity to the male genital organ in the erection stage. Such items are made in various sizes, shapes and colors. It should be noted that the male penis, on average 15-18 cm, when dildos, can reach 35-40 cm in length. However, even here one should not abuse such sex toys, in particular, of large sizes. According to experts, woman's vagina may be stretched by often usage of large dildos. As a result, a man has a delay in ejaculation or its absence, and the woman ceases to feel her man.

Anal chains

A similar type of intimate object consists of balls that are interconnected by units. They are made of plastic or silicone and designed to simulate the penis during anal penetration. Sexologists are asking to pay attention to the fact that this area is not entirely suitable for making love. This is due to the high risk of anal injuries and the development of inflammation. Such items for intimate games are not suitable for everyone, so before buying, you should familiarize yourself with the recommendations for use and description.

Vaginal balls

Now such balls are very successful. Kegel exercises using them are especially popular. Such balls are not only created for pleasure, but also are useful from a medical point of view. So, regular exercises keep the vagina in good shape, thanks to which the woman gets an orgasm. Not infrequently, doctors recommend connecting such physical activities before planning a pregnancy. Also, many women claimed that having passed the course of such exercises, childbirth was much easier, there were relatively fewer ruptures and microcracks, and the vagina came into tone much faster. Also, they can be used after childbirth. If you decide to start using vaginal balls, it is best to consult a gynecologist who can recommend the optimal size and tell you how to use them correctly. Often, you can find balls decorated with rhinestones or stones, but these options are best not to use, in order to avoid damage to the vaginal mucosa.

Erotic swing

A very interesting product of a sexual nature, which can be useful to many in trying to diversify an intimate life, in particular postures. It is not always possible to apply various desired postures in bed, someone is not comfortable, and someone cannot allow them because of physical unpreparedness. Therefore, furniture for intimate games was created specifically for such moments. It is worth noting that furniture of such a plan exists in a variety of ways and designs.

Erotic lingerie

We can say with confidence that this is the safest way to diversify your sex life. Especially, this applies to women's intimate lingerie. Indeed, today it is so huge variety that you can please your loved one at least every day, without repeating it. Erotic lingerie will always be considered the best accessory in bed. Of course, you can't directly say that this is a type of adult toys, but it brings in diversity and brightness into personal life. In addition, for women, beautiful underwear is absolutely win-win option during the seduction of a man. And according to psychologists, wearing sexy underwear in everyday life allows a woman to feel desirable and beautiful, playfulness appears. This allows not only to feel special but also attracts men.

Sex positions and sex toys: how to correctly combine them

Sex toys can make familiar postures vivid and memorable. But what intimate things to apply in certain positions? How to use them so that they help, rather than interfere with the process? You can use sex toys in any position, in different circumstances. But somewhere, a mini-vibrator that works silently and does not attract attention will be more appropriate, but somewhere a massager that connects to the network would be more useful. When used, the sensations will be different, and it's interesting! With intimate little things you will never get bored in bed, even after 10 years of living together.

Missionary position with sex toys

The classic position for sex can be varied. A girl can widely spread her legs, hug them around the partner or even throw them on his shoulders. At the same time, a sex toy is able to additionally massage the erogenous zones of the partners. Choose a model to stimulate the clitoris, massage the genitals of both partners, or use butt plugs for pleasant sensations in very tender places.

What sex toys to use in a missionary position?

- Vibrator for the clitoris.

It is used to increase her arousal, to bring closer the onset of orgasm or to help her experience several peaks of pleasure at once. The clitoral stimulator is set to the desired point, it can be hold it with your hands, and with your fingers to regulate the impact. With a vibrating little thing,

you can draw some kind of drawing on the clitoris, but the vacuum model does not move. It is the wave or vacuum stimulation that guarantees the orgasm.

- Vibrator for a couple.

Used directly during sex. One part of the toy is placed in the woman's vagina, the second touch her clitoris. In this case, the toy does not interfere with the penetration of the man. And wavering is felt by both partners. For her, there is stimulation of the clitoris, entrance to the vagina and the G-spot; for him there is a massage of the glans of the penis. The more modes the toy has, the more sensations partners can experience. And ideally, if the device is controlled from a remote control or from a smartphone, then you do not need to reach for it.

- An erection ring with vibration.

An erection ring with vibration is put on the penis in an excited state and prevents the outflow of sperm, as a result, a man cannot quickly finish. It does not cause discomfort, but it lengthens the intercourse by 20-30%. Typically this device has also a motor is built into it, which, in a missionary position, touches the woman's clitoris. Sensations of vibration enhance her experiences, increase excitement and bring orgasm closer. This sex toy can help a couple experience a simultaneous orgasm.

- Butt plug

If the butt plug is inserted into the anus of a woman, her vagina becomes narrower. This increases the pleasure for both partners. And if the butt plug also vibrates, then its vibrations extend to the entire perineum, which also gives bliss. A man can also use butt plug, because in his anus

there are also many sensitive areas, and fullness helps to experience something amazing.

Doggy style with sex toys

Position "on your knees" is very convenient for using sex toys. A girl can lean on one palm or elbow, while the second hand is free to keep an intimate thing. And you can try the vibrators that are mounted on the body, they are used without hands. Additional stimulation of the clitoris in this position is recommended, it is she who will increase the number of her orgasms several times. And a sex toy will be appropriate if you practice both vaginal and anal sex.

What sex toys to use in a doggy style pose?

- Vibrator for couples.

The universal thing for any poses. Vibrates and massages point G and the clitoris of the girl. And there are models that also rotate. There is the submersible piece that moves in a circle, massaging both partners. A unique thing is a vibrator, which acts on the clitoris not with vibration, but with airwaves. With such an object, her first orgasm will happen in 1-2 minutes. You don't have to hold vibrators for couples with your hands, they do not fall out during the process.

- Double penetration nozzle.

In doggy style, it is worthwhile to realize the dream of many - to plunge into both of its holes at the same time. And for this, you do not need a third partner, just buy a special nozzle. The removable phallus is fixed to the penis and scrotum of the man, and it seems that he has two penises at

once. The movements in both holes are synchronized, which causes a very pleasant experience. The nozzles are always small in diameter so that the girl does not experience pain or discomfort.

- Mini vibrator.

The small vibrator can simply be driven through the body. Additional breast caresses will please her, but it will be most interesting when the toy touches the clitoris. Of course, the lady will have to keep such a thing in her hands, but then she can easily regulate the force, vibration intensity and range of motion. The ideal solution is a vibrator with three shaking legs that can “hug” her nipples, clitoris or even ears.

- Butterfly vibrator.

Butterfly vibrator is ideal for caressing the clitoris. The delicate legs of the butterfly or its antennae will pleasantly interact with the skin of the perineum. At the same time, the butterfly is sold with straps; you can fix it on the body, clasp the hips. The palms remain free, the only thing you have to do is to adjust the speed on the remote control.

"Spoons" or side positions with sex toys

The laziest pose is lying on the side. It is convenient to have sex when both partners are tired. Sometimes it's nice to start the morning with her. But even in this position, sex toys will be appropriate. As always, a vibrator is suitable for couples, it is universal. But you can also try a massager, it can caress different parts of the body. An anal vibrator or even strapon will help to get aroused.

What sex toys to use in a pose "on the side"?

- Vacuum or wave stimulator.

Vacuum or wave stimulator is a clitoral sex toy guaranteeing her pleasure. The first orgasm occurs within 1-2 minutes. The whole secret is in the special vibrations of the air, which involve even the deepest nerve endings. A sex toy just leans against her body, you do not need to make any movements with it. And she is immediately feeling pleased. And you can combine the effect with penetration, but then she keeps the stimulator herself, it will be more convenient.

- Intimate massager

This is a sex toy for caressing any external erogenous zones. They can touch the back, chest, perineum and genitals. It's worth starting with the gentle point touches of the nipples, then the inner side of the hips. If you need to increase her sensations, then stimulate the clitoris, if his, then apply a massager to the scrotum. The thing is very practical, it will help not only in sex, but also support after a hard day or serious physical exertion. You can massage your back, neck, legs and other parts of the body.

- Anal vibrator

Additional anal stimulation is very exciting. Once you put the plug, turn on its movement, and everything seems completely new. And even the pose of "Spoon" will suddenly sparkle with new colors. At the same time, she can use an anal sex toy, then the sensations will be greater for both: the vagina is smaller in size, and the vibrations are felt by both partners. Or he can insert a cork, but for a lady it will not bring additional pleasure.

- Strapon

If you want to swap places, then you can use a strapon. This is an artificial phallus, which is attached to the female body. And then the girl is in the active role, and the pose of the “spoon” helps to slowly penetrate the body without causing pain. Strapons can have different shapes, there are small and large, flexible and rigid. Yes, and they are attached in different ways on the body.

Sitting sex with sex toys

Sitting sex is practiced by many couples because you can implement it on different surfaces. It is convenient to sit on a bed or on a sofa, you can even seat on a table or window sill. And with all options, sex toys will be great helpers. A clitoral stimulator, a massager or even an electric stimulator is worth a try. The possibility to look into each other's eyes will allow you to choose the right rhythm.

What sex toys to use in a sitting position?

- Anatomical massager

A convenient thing that can be located between the bodies. The main impact is on the clitoris of the girl, but you can also pick up the massager and start driving along the neck, back, or other parts of the body. An ideal model that repeats the bends of the body without obstructing the usual movements. A lot of modes, a waterproof case and a quiet motor will not let you get bored.

- Clitoral vibrator

Pleasant stimulation of the most tender point of the body, she will like it. So that the bodies do not move away from each other, we recommend taking a mini vibrator for the clitoris. Gradually, you can increase the speed of frictions and the vibration power of a sex toy, so that the finale is simply enchanting. Of course, this thing will help exactly the girl to have fun, but sometimes this is what is required in the couple.

- **Vibrator for couples**

Modern models do not just massage the genitals, they can become a source of unprecedented emotions. After all, vibrators are now synchronized with smartphones. Using the application, you can make a sex toy move to the beat of your favorite melody, and you can feel the music inside! Also, inventing your own vibration modes is available, and there can be infinitely many of them.

- **Electrical stimulator.**

The form of an electric stimulator can be any: from phallic to unusual. There are even gloves with electrical stimulation. The impact occurs in small discharges of current. It is easy to adjust the impact force, wavelength and repetition rate. Light impacts are like tickling, strong ones resemble pulsation. The application is safe, but it is important to monitor the feelings of the partner. If you want to play on the verge of pleasure and pain, electrical stimulators will help!

Sex with sex toys in a cowgirl position

When a woman is on top, she can help herself cum with her fingers, stimulating the clitoris. But you can do this with a vibrator. Again, you can use a vibrator that is suitable for couples, and also vibro-bullets, massagers

and clitoral stimulants. And so that he does not finish quickly, you should buy an erection ring with vibration. For the use of sex toys, this is the most convenient position, and any of the partners can switch speeds.

What sex toys to use in the pose "cowgirl"?

- Vibro-bullet

A vibrating bullet is a vibrator no larger than a finger. In length, it rarely reaches more than 8 cm, the diameter is also insignificant. Most often used to caress the outer zones, rarely immersed in the body. It fits easily between bodies, does not interfere with movement. At the same time, it does not cause jealousy in the partner, because it visually looks harmless, does not resemble the phallus. But at the same time, it can work at different speeds, have a very strong motor. The control can be buttons, from a control panel with a cord or with a remote control.

- Massager for intimate caresses

It is very convenient to use a massager in the position of a cowgirl. It can even be put between bodies and left, it is not always required to fixate it. Both a man or woman can hold it, both options are comfortable. Which massager is right for you? Any! Even the largest will caress the clitoris perfectly. But if it is very large, tilting for a kiss will be uncomfortable for her, but these are trifles.

- Vibrating erection ring.

In this position, the ring can be used not only in the classic version, when the vibrating element is in front, but also when it is located near the scrotum. Of course, the lady will feel it only with deep penetration of the

penis in the vagina, and in the area of the perineum, but not on the clitoris. But it's worth a try, most likely that you will get pleasure out of it.

- Butt plug

Anal toys complement intimacy in a pose when the woman is on top. But you can choose not just a cork, but anal rhinestones. This is a bung with a beautiful crystal at the base. If a girl sits with her back to her partner, then he will see not only her body, but also a charming stone in her anus. By the way, with the help of such a cork it is easy to prepare for anal sex.

Sex in the 69 position with sex toys

It is also worth using sex toys for oral sex. They help take a break if your neck, lips or tongue are tired. And they help in reaching the finish line quicker, which is very helpful. You can use intimate things with alternating caresses or in the 69 pose. What is suitable for such an experiment? Any vibrators and massagers, and if desired, an artificial penis can be inserted into it.

What sex toys to choose for oral sex?

- Classical shape vibrator.

They can touch any zone, intimate too. It will replace hands and lips to give time to rest. But if you continue oral caresses, and the vibrator touches other parts of the body, the sensations will be three-dimensional, more voluminous. The can be used by both man and woman. And you can even take two vibrators to make it more interesting.

- Massager for tender places.

Any massager will also be appropriate. As soon as they touch his scrotum, the emotions will be completely new. You can also caress the anus with a massager, but it is important not to immerse the device inside, but to move it from the outside, where the maximum number of nerve endings is. You even can find such massager, which also heats besides vibration! A heated vibrator will make every touch very enjoyable. But do not be afraid, it will not burn, its maximum temperature is 48 degrees.

- Ben Wa balls for her.

If you want to give her more sensations during oral caresses, we recommend immersing something in her vagina. The inside presence of the item will increase arousal. Use sterilized and certified proper vaginal balls. This is not just a useful exercise machine for strengthening muscles and preventing dozens of diseases, it is also a thing for pleasure. Balls can be with and without vibration, with a displaced center of gravity, of different diameters and weights.

Conclusion

By introducing some elements of the game into lovemaking with our partner, we can kill two birds with one stone. First, you will get rid of the routine in sex. Indeed, after several years of married life, it inevitably arises. And if you do not add variety to intimate life, then the consequences can be the most unpleasant. Secondly, even for many years living together, some spouses cannot define or acknowledge what they would like to try in bed. Sexual dreams, unfortunately, do not turn into reality by themselves. During sex games, there is a chance to reveal your dreams to your partner, because even in an awkward situation you know: it was just a game. A balance must be struck between humor and seriousness. This moment will allow you to enjoy sexual games. You can try role-playing games if any scenario or erotic fantasy has already matured in your head. However, there are many other games in which the rules are only a conditional concept. Another way is sex toys that allow partners to reveal their sexuality and gain new experiences. Whichever option you choose, you will definitely spend time with benefit, because sex games are a mutual pleasure, a chance to diversify your senses and learn the secret desires of your partner. Do not be afraid of experiments and you will have the opportunity to rediscover the huge world of sexual pleasures.

Thank you!

The End